

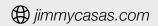


LEADERSHIP COACHING

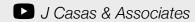
Eyes on Culture: Coach Questions

- 1. What part of your job gives you the most joy?
- 2. What are the work stresses that are keeping you up at night?
- 3. When you think about professionally, where you want to be a year from now, where do you see yourself? Where do you see yourself five years from today? How can I help support these goals?
- 4. How is life outside of work? Are you able to maintain a Life-Fit of personal and professional time commitments? What challenges are you currently facing?
- 5. What are the things that are currently frustrating you here at work?
- 6. If you were to take over my position as AD, what is one change you would make and why?
- 7. What is one facility improvement you would like to see happen in your program?
- 8. What is one belief as a coach that you used to have that has changed over the years that today you think differently about it?
- 9. Name one practice that we currently do in our athletic program that you believe we need to stop doing. Why do you believe this?
- 10. Is there a staff member you would like to recognize and why? Would you mind if I shared this with them?
- 11. In what ways can I best support you?









Eyes on Culture: Athlete Questions

- 1. What do you like most about playing _____?
- 2. What is one of your favorite things about our practices?
- 3. How is your experience in this sport/activity different than the experience you had in the last sport/activity you participated in?
- 4. What is one thing about this program that you would like to see change? Why do you feel this way?
- 5. What would you like to see me do differently as your coach/sponsor, that would result in a better experience for you and your teammates? Tell me more.
- 6. What do you need from me so you look forward to coming to practice every day?
- 7. Is there one thing that I don't know about you that you would like to share with me?